

CURRICULUM VITAE

Star (Tara) Moore

lai.moore73@gmail.com || [linkedin.com/in/starmore](https://www.linkedin.com/in/starmore) || starlightmoore.com

EDUCATION

Bachelor of Arts 2019 - 2022	University of Texas at Austin Major: Psychology & English Magna Cum Laude GPA: 3.9 Minor: UTeach-Liberal Arts
Associate of Arts 2016 - 2018	Coastal Carolina Community College , Jacksonville, NC Dean's List Spotlight Graduate GPA: 3.8
2013 - 2014	University of Texas at Arlington GPA: 3.6

HONORS, AWARDS, & SCHOLARSHIPS

2022	Upper Division Liberal Arts Honors, UT Austin
2022	Frances Eggleston Goldbeck Scholarship Fund, UT Austin
2021	Veteran Student Leadership Scholarship, UT Austin
2021	Lee and Joe Jamail Endowed Secondary Teacher Education Scholarship, UT Austin
2021	Doug and Helen Benton Endowed Presidential Scholarship, UT Austin
2021	Dean Perkins Foundation Combat Veteran Scholarship, UT Austin
2020 - 2022	College of Liberal Arts Department Honors, UT Austin
2020	2 nd place award for research paper, Undergraduate Studies Writing Flag, Research – Humanities division, UT Austin
2019	Sigma Alpha Lambda, UT Austin
2018	Navy and Marine Corps Achievement Medal, U.S. Department of the Navy
2017	Phi Kappa Theta, Coastal Carolina Community College

RESEARCH EXPERIENCE

2023 - 2026	Anxiety and Health Behaviors Lab, University of Texas at Austin <i>Supervisor:</i> Jasper Smits, Ph.D. <i>Role:</i> Research Program Coordinator 2025 - 2026 - Led site operations for a multisite dissertation study examining the role of neurocognitive functioning in extinction learning (NET-B study) in patients with anxiety-related disorders - Recruited and screened individuals with treatment-resistant PTSD for a multisite DoD-funded trial evaluating the augmentation of prolonged exposure therapy with vagus nerve stimulation (VNS study) - Hired, trained, and mentored research staff in study implementation, protocol adherence, and research dissemination <i>Role:</i> Research Coordinator 2023 - 2025 - Coordinated a multisite NIMH-funded R01 study investigating CO₂ reactivity as a biomarker of non-response to exposure-based therapy (CO₂ Biomarker study) among those with anxiety-related disorders
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- Oversaw study operations, including recruitment (120+), screening, retention, scheduling, compensation, and data management
- Conducted respiratory challenges (40+) and maintained lab safety protocols (e.g., equipment disinfection and chemical waste disposal)
- Collected and cleaned long-form datasets
- Built and submitted National Data Archive data structures
- Managed project finances and regulatory submissions to the IRB, DSMB, and NIH
- Led weekly cross-site meetings to ensure compliance and mitigate drift
- Trained and supervised 15 undergraduate RAs, including developing and leading professional development

2024 - 2026

Exposure Therapy Consortium, University of Texas at Austin

Supervisor: Jasper Smits, Ph.D., and Hayley Fitzgerald, Ph.D. (Boston University)

Role: Collaborating Researcher and Website Manager

- Designed and managed consortium website, supporting collaboration across 24 international institutions
- Acted as principal site coordinator for global study on state vs. trait affect as a moderator for college students with public speaking anxiety (516 participants), managing end-to-end study operations
- Collaborated with PIs to develop protocol training modules and pilot data-sharing procedures
- Contributed to manuscripts, presentations, and symposium submissions

2020

IC² Institute, University of Texas at Austin

Supervisor: Gregory Pogue

Role: Student Researcher

- Conducted mixed-methods research and analysis on the economic impact of COVID-19 on rural Texas communities (Dayton and Marfa, TX)
- Liaised with city government, libraries, school districts, and newspapers to improve recruitment efforts, conducting 15+ interviews
- Drafted and distributed a press release published in the local newspaper
- Presented potential economic sustainability recommendations to the city council

CLINICAL EXPERIENCE

2025 - 2026

Anxiety and Health Behaviors Lab, University of Texas at Austin

Supervisors: Jasper Smits, Ph.D., and Talya Leibowicz, Ph.D.

Role: Clinical Assessment Coordinator

- Administered structured clinical interviews (i.e., CGI-I [50+], C-SSRS [15+], and the E-TRIP [20+]) for patients with anxiety-related disorders in the CO₂ Biomarker study
- Presented 15 patient cases during supervision for final medical and clinical screening, and conducted Clinician-Administered PTSD Scale for DSM-5 (30+) in the VNS study
- Administered a battery of neurocognitive assessments (15) in the NET-B study

TEACHING & LEADERSHIP EXPERIENCE

2022

Round Rock High School, Round Rock, TX

Role: Academic and Advanced English II Teacher

- Designed and delivered 90-minute lessons to six classes of approximately 30 students
- Modified coursework and implemented accommodations for students with disabilities (i.e., ADHD, ASD, DID, PTSD, and auditory processing disorder)
- Documented emotional and academic growth for students with special needs
- Provided one-on-one and small group tutorials

2014 - 2018

United States Marine Corps, Jacksonville, NC

Role: Maintenance Management Chief & Logistics Manager

- Created maintenance management, facilities management, and explosives safety programs, along with standard implementation procedures for headquarters and eight subordinate companies of approximately 250 - 300 Marines
- Annually led over 144 hours of training for junior and senior staff
- Wrote naval correspondence, standard operating procedures, and company chronology reports that became the template for all East Coast aviation group operations
- Represented the organization at regional-level regulatory meetings to address process analysis and improvement

PEER-REVIEWED PUBLICATIONS

- Otto M. W., Long L., Papini S., Culver T., Taylor C. T., Rubin M., Fitzgerald H. E., Smits J. A.J., Anderson R., Aslanidou A., Benke C., Cox W. R., Engelhard I. M., Friedman S. E., Goodman R. R., Graham B. M., Hearon B. A., Howard H. W., Jacquart J., Johnson H. M., Kredlow A., Lam C. LM., Lee E. B., Vogelzang McClure G., McEvoy P. M., Melzig C. A., **Moore S.**, Moses K., Nagy S. M., Newby J. M., Pfaff P. FR., Regan A., Rief W., Rudaizky D., Smith L., Sung S. C., Wieser M. J., Wong A. HK., Wong Q. JJ., Zainal N. H., Zhang Z. (*Under review*). Multi-site Investigation of the Predictive Role of State and Trait Positive Affect on Treatment Outcome from Virtual Reality Exposure for Public Speaking Anxiety. *Journal of Consulting and Clinical Psychology*.
- Fitzgerald, H. E., Long, L. J., **Moore, S.**, Cobb, A. R., Lubin, R. E., Parsons, E. M., Taghian, N. R., Shumake, J., Monfils, M-H., Telch, M. J., Smits, J. A. J., & Otto, M. W. (*Under review*). Investigating the role of affective valence and arousal in exposure therapy for anxiety and related disorders. *Cognitive Behaviour Therapy*.
- Fitzgerald, H. E., Liu, Q., Yang, S., Ovalles, A., Parsons, E. M., Tang, M., **Moore, S.**, Collins, D., Lubin, R., Monfils, M-H., Telch, M. J., Smits, J. A. J., & Otto, M. W. (2026). Associations among anxiety sensitivity, intolerance of uncertainty, and experiential avoidance: Are these key processes underlying anxiety-related pathology adequately distinct from each other? *Journal of Anxiety Disorders*.
<https://doi.org/10.1016/j.janxdis.2026.103215>
- Otto M. W., Long L., Papini S., Culver T., Taylor C. T., Rubin M., Fitzgerald H. E., Smits J. A.J., Anderson R., Aslanidou A., Benke C., Cox W. R., Engelhard I. M., Friedman S. E., Goodman R. R., Graham B. M., Hearon B. A., Howard H. W., Jacquart J., Johnson H. M., Kredlow A., Lam C. LM., Lee E. B., Vogelzang McClure G., McEvoy P. M., Melzig C. A., **Moore T. M.**, Moses K., Nagy S. M., Newby J. M., Pfaff P. FR., Regan A., Rief W., Rudaizky D., Smith L., Sung S. C., Wieser M. J., Wong A. HK., Wong Q. JJ., Zainal N. H., Zhang Z. (2025). Virtual reality exposure and public speaking anxiety: Moderating role of state and trait positive affectivity. *JMIR Research Protocols*. <https://doi:10.2196/80010>

NON-PEER-REVIEWED PUBLICATIONS

Moore, T. (2020). We reap what you sow: How white constructs reinforce the extended black family. *Texas ScholarWorks*. <http://dx.doi.org/10.26153/tsw/12354>

CONFERENCE PRESENTATIONS

- Fitzgerald, H. E., Liu, Q., Yang, S., Ovalles, A. A., Tang, M., Collins, D., **Moore, S.**, Parsons, M., Monfils, M-H., Telch, M., Smits, J. A.J., & Otto, M. W. (2026, November) *Associations among anxiety sensitivity, intolerance of uncertainty, and experiential avoidance: What is the degree to which these key markers of anxiety pathology are distinct from each other* [Poster presentation]. ABCT 2026 Convention, Baltimore, MD.
- Flynn, D., **Moore, S.**, Long, L. J., Monfils, M-H., Otto, M. W., Telch, M., Smits, J. A.J. (2026, August). *Sleep and Hope During Exposure Therapy for Anxiety: Longitudinal Study* [Poster presentation]. APA 2026 Convention, Washington, DC.
- Flynn, D., **Moore, S.**, Long, L. J., Monfils, M-H., Otto, M. W., Telch, M., Smits, J. A.J. (2026, April). *Hoping to get some sleep? An analysis of hope and sleep's relationship in patients with anxiety during a longitudinal exposure-based therapy protocol* [Poster presentation]. ADAA 2026 Convention, Chicago, IL.
- Moore, T. M.**, Beevers, C. G., Stewart, R., Labrada, J. (2024, November). *Sleep's interrelationship with depression phenotypes more commonly presented in african american women* [Poster presentation]. ABCT 2024 Convention, Philadelphia, PA.

CLINICAL TRAINING & WORKSHOPS

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| 2025 | Suicide Risk Assessment Training (C-SSRS) (1 hour)
Online workshop led by Marie Parsons, Ph.D., Boston University |
| 2024 | Understanding Stigma and Discrimination as Drivers of Mental Health Disparities Diverse, Rural, LGBTQ+ Communities (1.5 hours)
Online webinar hosted by the NIMH Office of Disparities Research and Workforce Diversity |
| 2024 | Black in Psych: "R You Ready?" Advanced Data Visualization with R (2 hours)
Online workshop led by Ketura Elie, B.S., and Joscelin Rocha-Hidalgo, Ph.D. |
| 2024 | Black in Psych: "R You Ready?" Visualizing Data with R (2 hours)
Online workshop led by Ketura Elie, B.S., and Joscelin Rocha-Hidalgo, Ph.D. |
| 2023 | Clinician Global Impression-Improvement Scale (CGI-1) (4 hours)
Online course created by Marie Parsons, Ph.D., and Laura Long, Ph.D., Boston University |
| 2023 | Clinician-Administered PTSD Scale for DSM-5 (CAPS-5) (12 hours)
Online course including three training simulations, National Center for PTSD |

TECHNICAL SKILLS

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| Data Collection | REDCap and Qualtrics (<i>Intermediate</i>) |
| Data Cleaning | Excel (<i>Intermediate</i>) |
| Data Analysis and Visualization | R and RStudio (<i>Novice</i>) |
| Website Design | HTML, CSS, Gantry, WordPress, and Wix (<i>Intermediate</i>) |

CERTIFICATIONS

2023 - Present	Social and Behavioral Subjects Research , CITI Program
2023 - Present	Good Clinical Practice for Clinical Trials (U.S. FDA Focus) , CITI Program
2022 - Present	English Language Arts & Reading 7-12 , Texas Education Agency

PROFESSIONAL MEMBERSHIPS

2024 - Present	Collective Liberation and Intersectionality Special Interest Group
2024 - Present	Association for Behavioral and Cognitive Therapies
2024 - Present	Mechanistic Behavioral Research Consortium Website Designer/Manager
2024 - Present	Exposure Therapy Consortium Website Designer, Collaborator